

Seeing Eye to Eye on Thyroid Eye Disease (TED)

A Look Inside the Doctor's Office

My eyes have been hurting and I'm sensitive to light.

I'm sorry to hear that. We can look at options to make you more comfortable.

UGH, THIS PAIN HAS BEEN UNBEARABLE. I HAD TO MISS MY SON'S BIRTHDAY DINNER AND I CAN'T DRIVE AT NIGHT.

SHE SEEMS TO BE DOING PRETTY WELL.



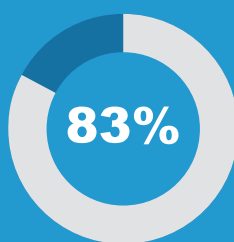
Speak up and tell your doctor the full burden of TED to get the care you need.

49%

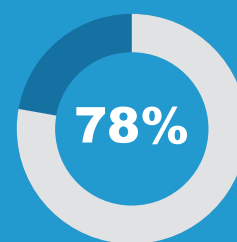
of adults don't report the impact of TED on daily activities at every doctor visit

But doctors who understand your full experience can offer more personalized care

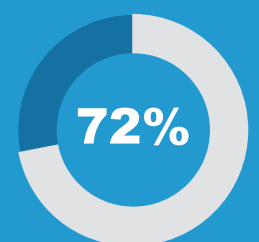
Doctors say they would start a new treatment, consider modifications or discuss other options if a patient reported symptoms affecting:



Emotional well-being



Independence



Personal life or relationships

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Out of Focus: Full Impact of TED Symptoms

Nearly **4** in **5** adults say their TED symptoms affect their mental/emotional health moderately or severely —

But only **2** in **5** adults say they tell their doctor about this mental/emotional impact at every doctor's appointment.

Tips to help patients and doctors get on the same page

People Living with TED

1. Be open about how TED symptoms are impacting your daily activities and your emotional well-being.
2. Keep a list of lifestyle changes you've made because of your TED symptoms (like trouble seeing a screen or not wanting to meet new people).
3. Describe how TED symptoms make you feel.

Doctors

1. Let your patients know you want to hear about changes they are making to accommodate TED in their daily life.
2. Ask whether TED is causing them to feel lonely, anxious or depressed.
3. Allow time in the appointment to talk about the physical and emotional impact of TED symptoms.

**LISTEN
TO
YOUR
EYES**

Consider all the ways TED affects your life and share that with your TED Eye Specialist. ***It's not too late.*** For more information on TED and resources, visit ThyroidEyes.com.